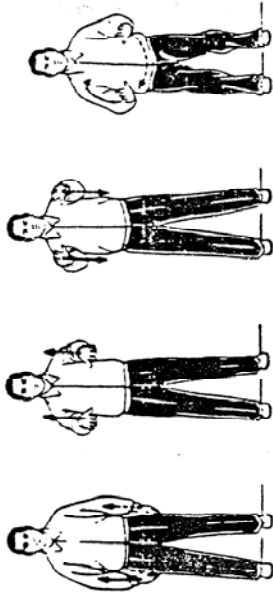


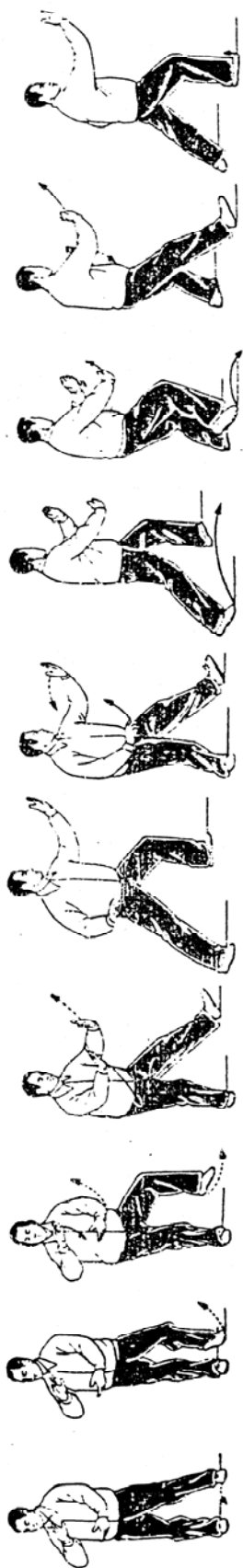
TAI-CHI-CHUAN

Taijiquan
Kunze Peking form

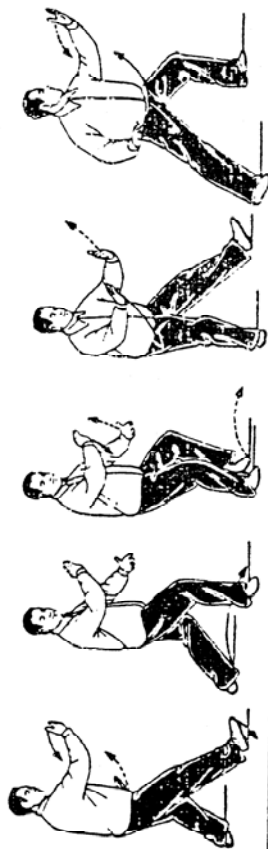
1-4 OPENING POSITION
Eröffnungshaltung



1 2 3 4
(4)

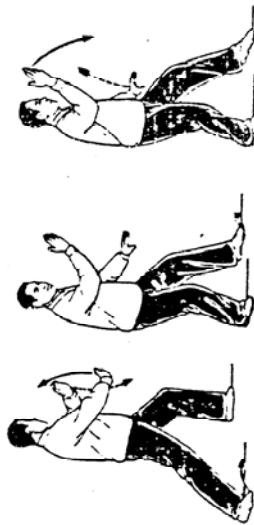


5 6 7 8 9 10 11 12 13 14
(14)



15 16 17 18 19
(19)

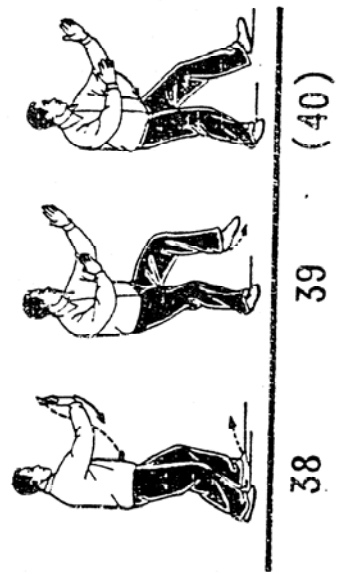
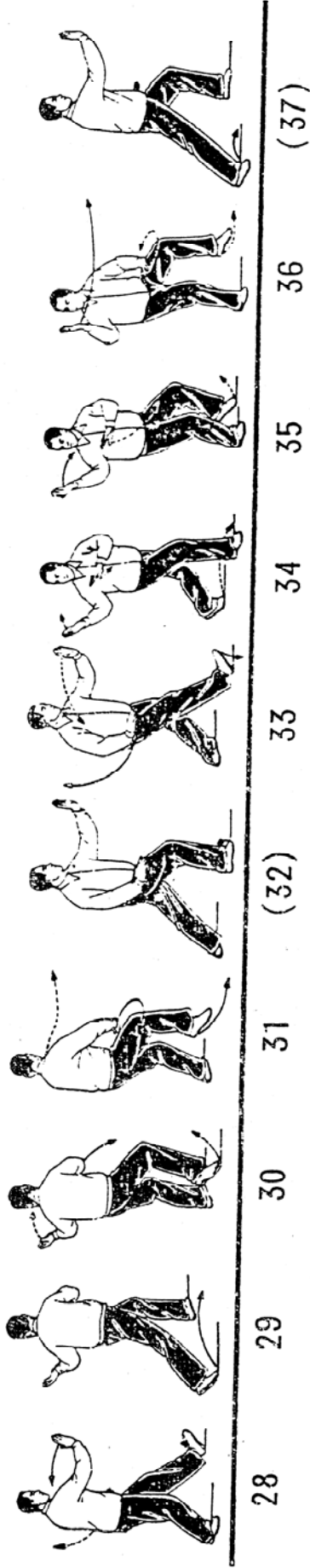
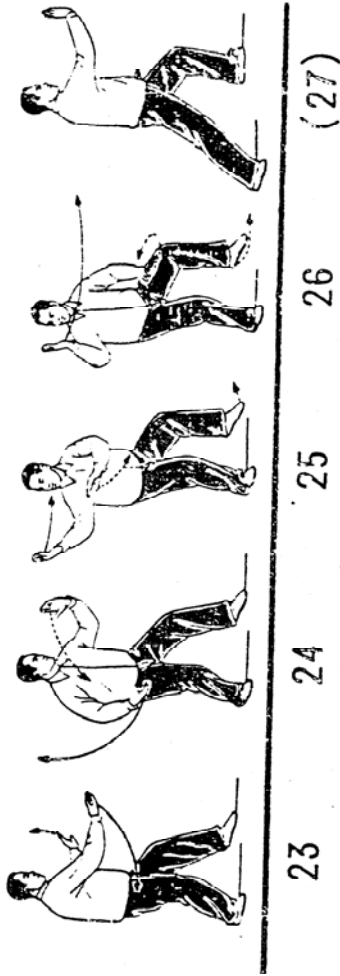
5-19 WILD HORSE RUFFLING MANE
das wilde Pferd sträubt die Mähne

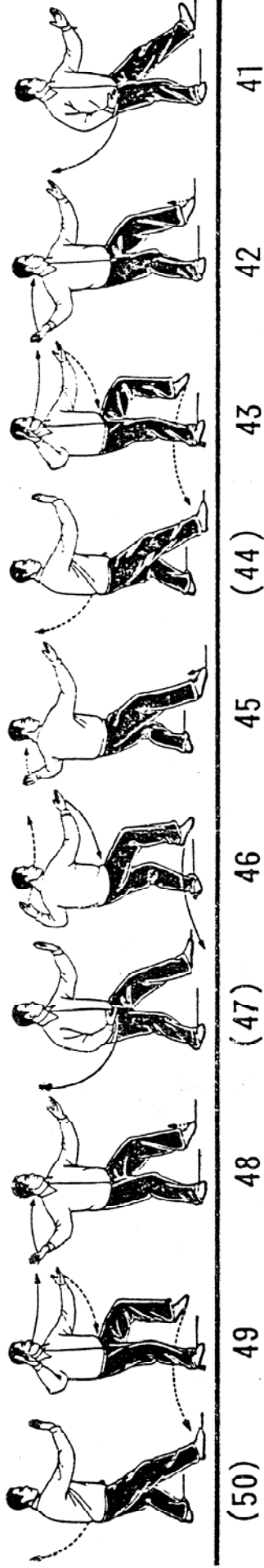


20 21 22
(22)

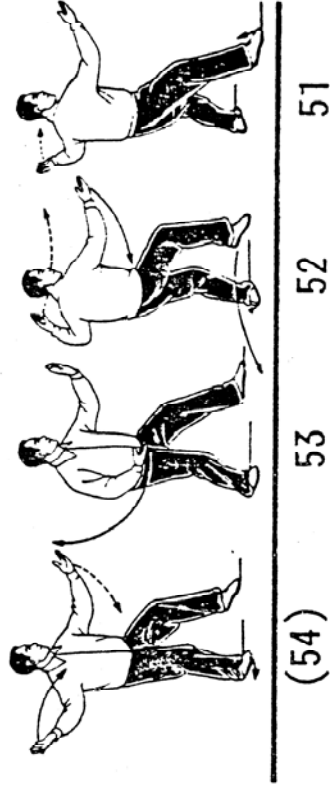
20-22 WHITE CRANE FLAPPING WINGS
der weiße Kranich schlägt mit den
Flügeln

23-40 BRUSH KNEE, TWIST STEP
 Kniestreifen (-bürsten).
 Schritt mit Drehung

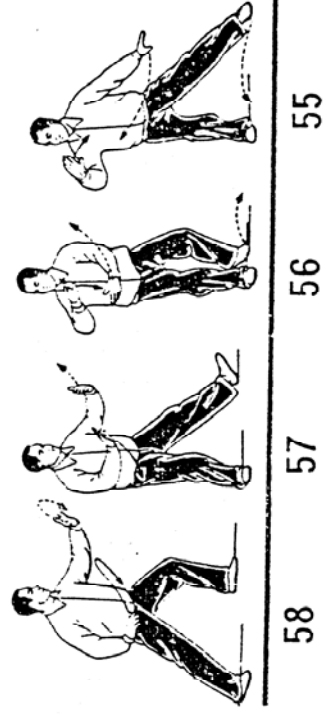




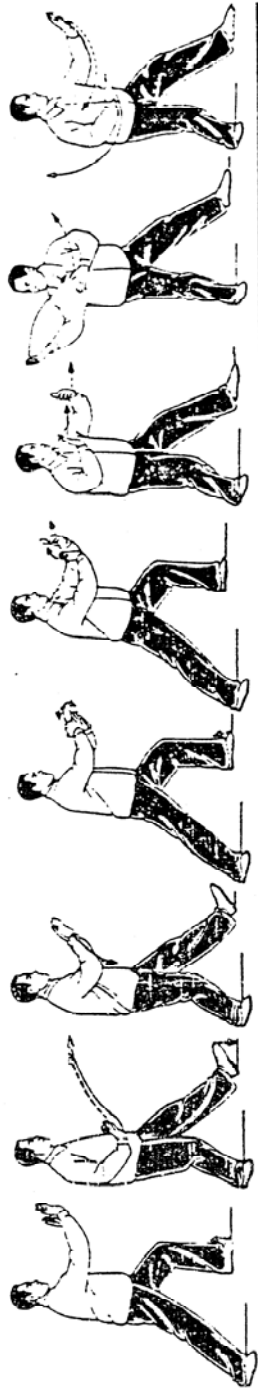
141-54 STEP BACK, REPULSE MONKEY
Rückwärtsschritt, den Affen verjagen



56-58 SIEHE ANFANG 5-8

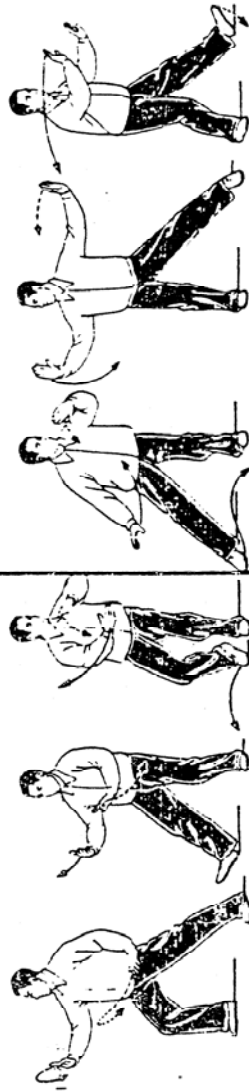


55-58 ÜBERGANG: GRASPING SPARROWS TAIL
Nach dem Schwanz des Sperlings greifen



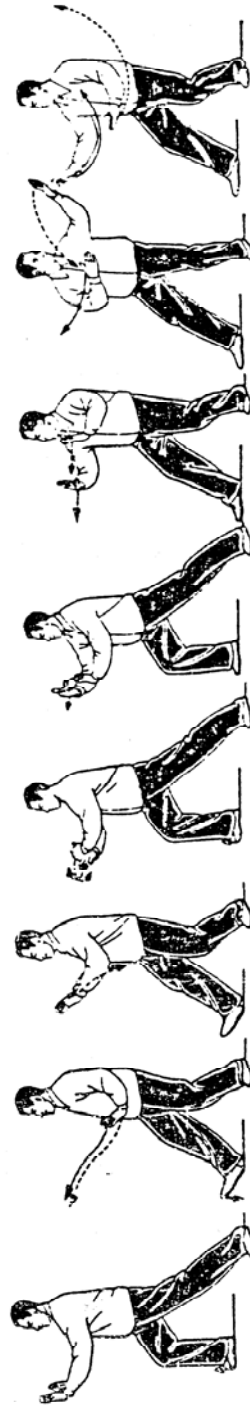
(66) 65 64 63 62 61 60 59

59-69 GRASPING
SPARROUS TAIL (LEFT)
nach dem Schwanz des Sper-
lings greifen (links)



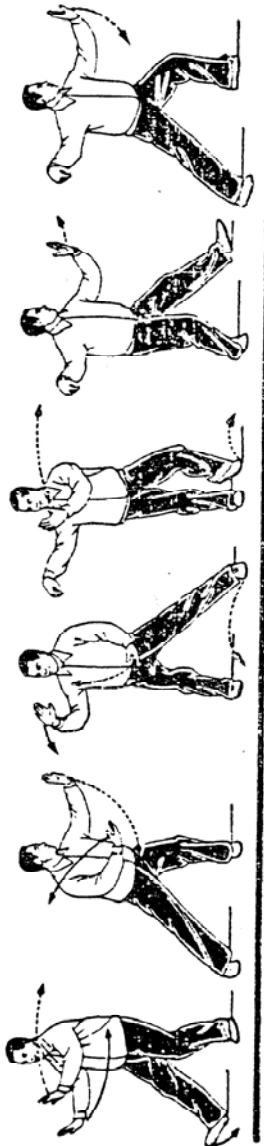
(72) 71 70 69 68 67

70-72. SIEHE 12-14. UND ÜBERGANG:



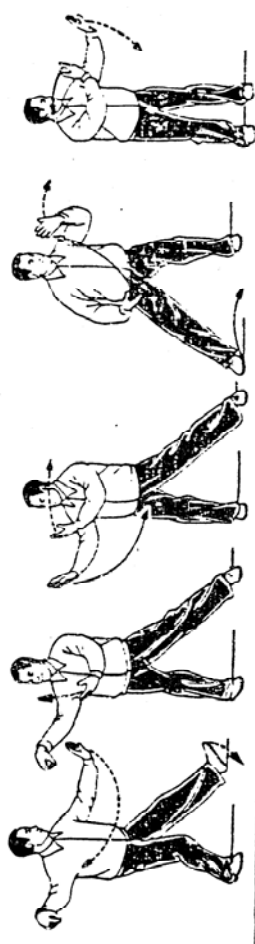
(80) 79 78 77 76 75 74 73

73-80 GRASPING
SPARROUS TAIL (RIGHT)
nach dem Schwanz des Sper-
lings greifen (rechts)



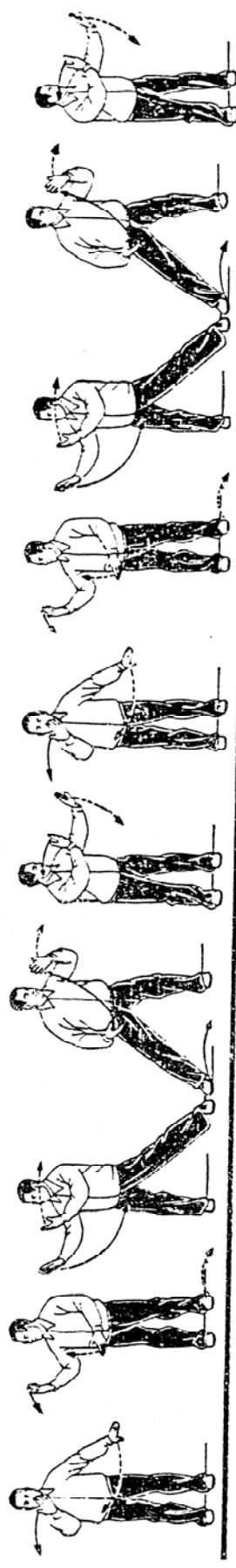
81-86 SINGLE WHIP
Peitsche

81 82 83 84 85 (86)

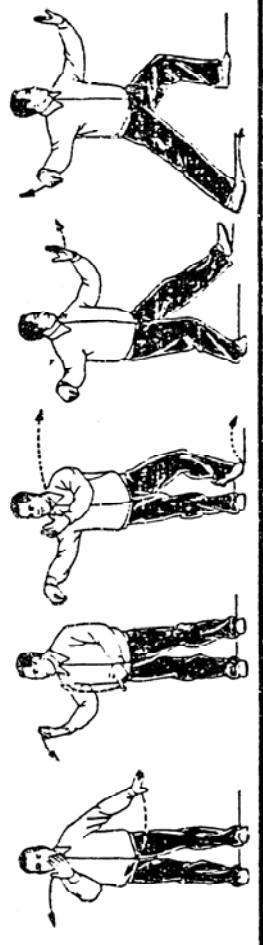


87-101 CLOUD HANDS
Wolkenhände

87 88 89 90 91 (91)

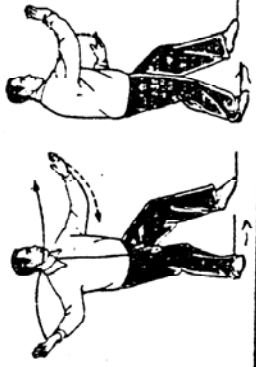


92 93 94 95 96 97 98 99 100 (101)



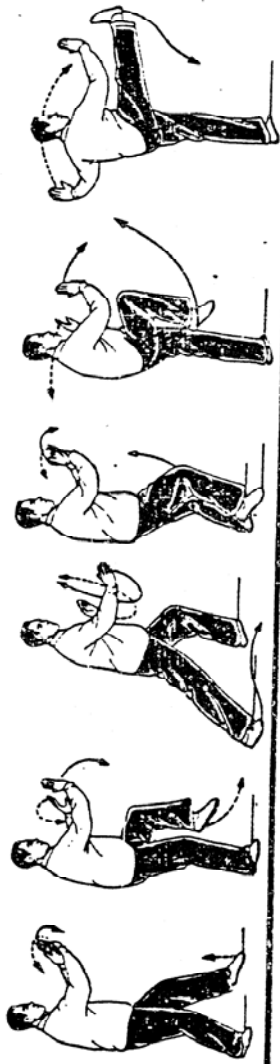
102-106 SINGLE WHIP
Peitsche

102 103 104 105 106 (106)



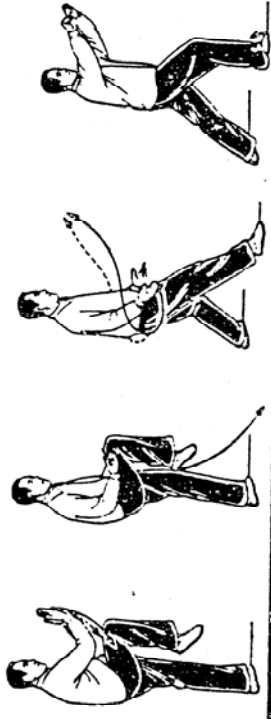
107 (108)

107-108 HIGH PAT ON HORSE
(hoch) das Pferd tätscheln



109 110 111 112 113 (114)

109-114 FROG KICK (RIGHT)
Frosch-Fußstoß (rechts)



115 116 117 (118)

115-118 TWIN FISTS PEARCING EARS
mit beiden Fäusten die Ohren
des Gegners treffen



(124) 123 122 121 120 119

119-124 TURN BODY
frog kick (LEFT)
den Körper drehen
Frosch-Fußstoß (links)



unten kriechende
Schlange (rechte)



(131) 130 129 128 127 126 125

125-131. CREEPING SNAKE
DOWN (RIGHT)

131. GOLDEN ROOSTER ON
ONE LEG
goldener Hahn auf
einem Bein

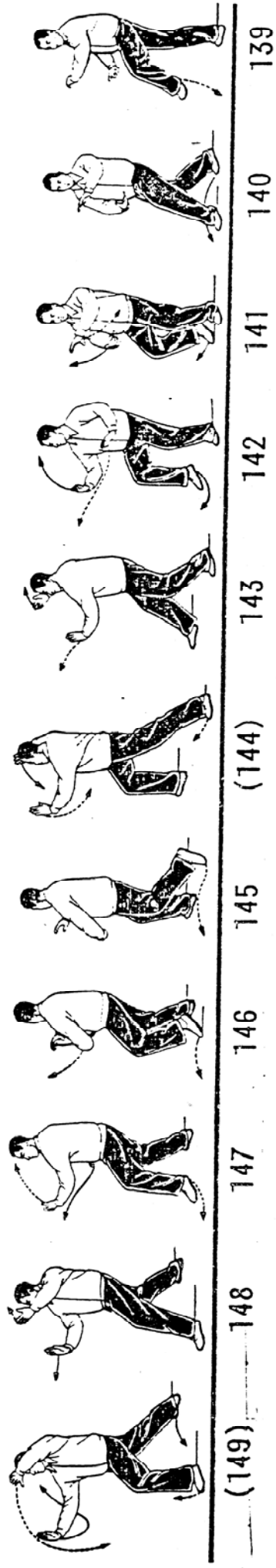
unten kriechende
Schlange (links)



(138) 137 136 135 134 133 132

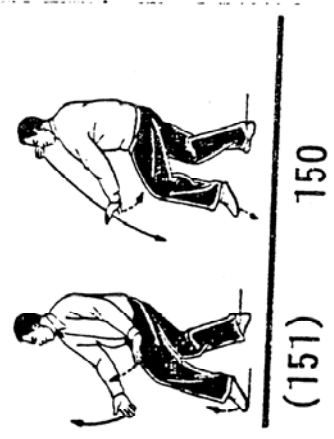
132-138. CREEPING SNAKE
DOWN (LEFT)

138. GOLDEN ROOSTER ON
ONE LEG
goldener Hahn auf
einem Bein

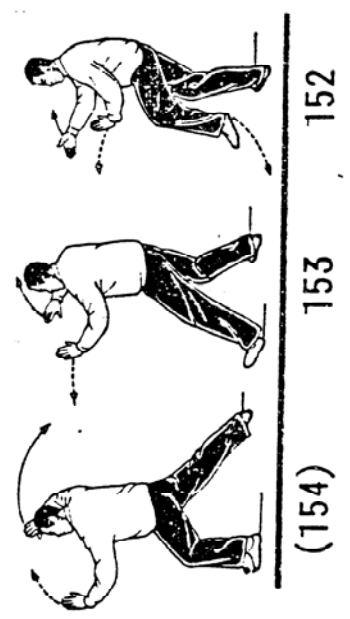


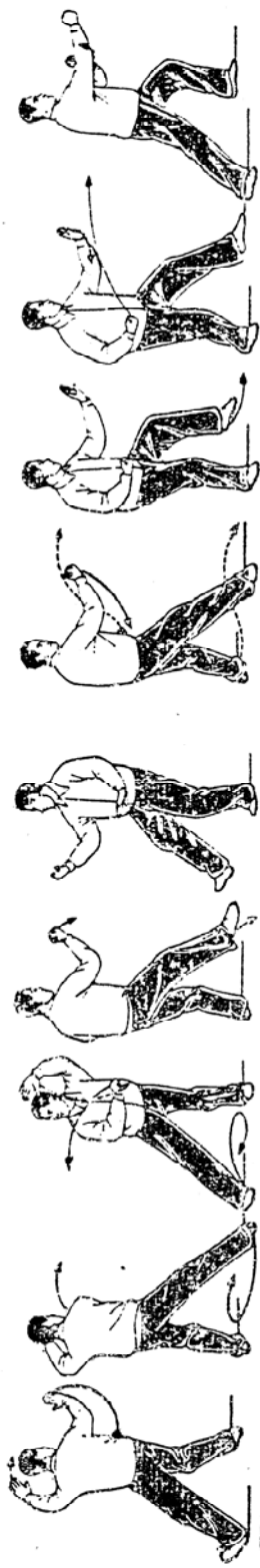
139 - 149. JADE DAIDEN THREADING SHUTTLE
 die Jade-Jungfrau fädelt das Webschiffchen durch

150 - 151. NEEDLE AT SEABOTTOM
 die Nadel auf dem (vom) Meeresgrund (holen)



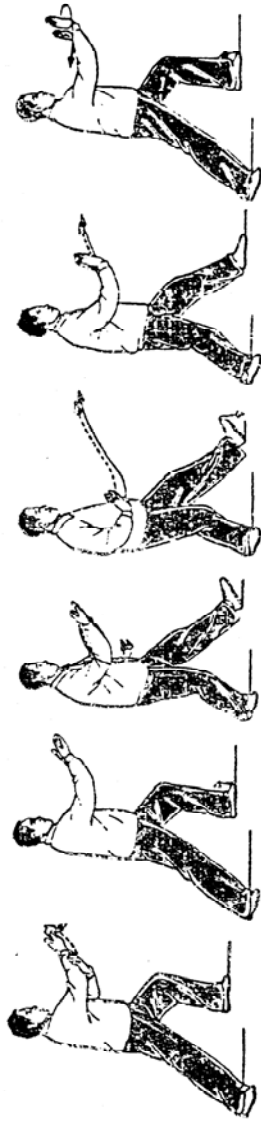
152 - 154. FANNING OUT ARMS
 die Arme auffächern





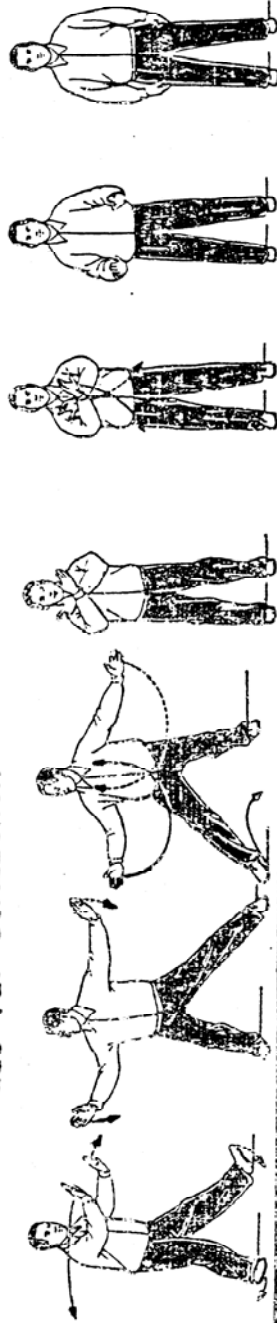
155 156 158反画 157 157反画 158 159 160 (161)

155 - 161 TURN BODY, REJECT, PARRY, PUNCH.
 den Körper drehen, zurückwerfen, Abwehr, Faustschlag



162 163 164 165 166 (167)

162 - 167 CLOSING DOOR
 die Tür schließen



168 169 170 (171) 172 173 (174)

168 - 174 DIE HÄNDE KREUZEN
 CROSSING HANDS 172-174 END POSITION
 Endhaltung